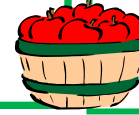


October Event Calendar



October Flower: Marigold & Cosmo
 October Birthstones: Opal & Tourmaline

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
1 Morning Visits 10:15 Morning Stretch Afternoon Visits 2:30 Sunday Social Ice Cream Social	2 10:30 Bingo in Dining Room & Channel 2 Morning Visits Afternoon Visits 2:15 Painting--Autumn Trees	3 Morning Visits 10:00-11:15 Movement & Restorative Afternoon Visits 2:15 Corn Hole	4 Beauty Shop 10:15 Baking Afternoon Visits 2:30 September Birthday Celebration & Happy Hour 5:45 Small Group/1:1	5 Morning Visits 10:15 Morning Stretch Afternoon Visits 2:30 Dice Game "Bunco"	6 Morning Visits 10:00 Communion Service <u>in Living Rm</u> 10:30 Bingo - Dining Room Only 2:30 Create Scarecrow 5:45 Small Group/1:1	7 Morning Visits 10:15 Exercise 2:30 Movie Matinee 4:30 Pre-Dining Music 5:45 Small Group/1:1	
8 Morning Visits 10:15 Morning Stretch Afternoon Visits 2:30 Sunday Social Pizza 4:30 Pre-Dining Music 5:45 Small Group/1:1	9 10:30 Bingo in Dining Room & Channel 2 Morning Visits Columbus Day Trivia Afternoon Visits 2:15 Crafts – Sweater Pumpkins	10 Morning Visits 10:15 Morning Stretch Afternoon Visits 2:15 Pokeno 4:30 Pre-Dining Music 5:45 Small Group/1:1	11 Morning Visits 10:15 Pampering/ Spa Time Afternoon Visits 2:30 Happy Hour – Oktoberfest 4:30 Pre-Dining Music 5:45 Small Group/1:1	12 Morning Visits 10:00-11:15 Movement & Restorative 10:45 Trivia Afternoon Visits 2:30 Dice Game – "Add Three"	13 Wear Pink Day 10:00 Communion Service <u>in Living Rm</u> 10:30 Bingo-Dining Rm 2:30 Balloon Volleyball 4:30 Pre-Dining Music 5:45 Small Group/1:1	14 Morning Visits 10:00 Bingo with KR Catholic Youth Group Afternoon Visits 2:30 Card Game: UNO 2:30 Movie Matinee	
15 Morning Visits 10:15 Morning Stretch Afternoon Visits 2:30 Sunday Social Ice Cream Social	16 10:30 Bingo in Dining Room & Channel 2 Afternoon Visits 2:15 Pinecone Craft 4:30 Pre-Dining Music 5:45 Small Group/1:1	17 Morning Visits 10:00-11:15 Movement & Restorative Afternoon Visits 2:15 Flip 'O 4:30 Pre-Dining Music 5:45 Small Group/1:1	18 Beauty Shop Morning Visits 10:15 Baking Afternoon Visits 2:30 Happy Hour with Billy Cole 5:45 Small Group/1:1	19 Morning Visits 10:15 Morning Stretch Afternoon Visits 2:30 Travelogue – "Where In the World"	20 10:00 Communion Service <u>in Living Rm</u> 10:30 Bingo-Dining Rm 10:45 Pampering/ Spa Time 2:30 Pumpkin Pong	21 Morning Visits 10:15 Exercise 2:30 Capture the Letter 2:30 Movie Matinee 4:30 Pre-Dining Music 5:45 Small Group/1:1	
22 Morning Visits 10:15 Morning Stretch Afternoon Visits 2:30 Sunday Social 4:30 Pre-Dining Music 5:45 Small Group/1:1	23 10:30 Bingo in Dining Room & Channel 2 Morning Visits Afternoon Visits 2:15 Watercolor Painting	24 Morning Visits 10:15 Morning Stretch 10:15 Pampering/ Spa Time Afternoon Visits 2:30 Bowling 4:30 Pre-Dining Music 5:45 Small Group/1:1	25 Morning Visits 10:30 Baking Afternoon Visits 2:30 Happy Hour 4:30 Pre-Dining Music 5:45 Small Group/1:1	26 Morning Visits 10:00-11:15 Movement & Restorative 10:30 Food Meeting & Resident Council – Living Room Afternoon Visits 2:30 Travelogue – "Where In the World"	27 10:00 Communion Service <u>in Living Rm</u> 10:30 Bingo-Dining Rm 2:30 Pumpkin Painting & Carving 4:30 Pre-Dining Music 5:45 Small Group/1:1	28 Morning Visits 10:30 Exercise Afternoon Visits 2:30 Card Game: UNO 2:30 Movie Matinee	
29 Morning Visits 10:15 Morning Stretch Afternoon Visits 2:30 Sunday Social: Root beer Floats	30 Candy Corn Guess 10:30 Bingo in Dining Room & Channel 2 Morning Visits Afternoon Visits 2:15 Party Preparation 5:45 Small Group/1:1	31 Costume & Face Painting 10:00-11:15 Movement & Restorative 2:30 Halloween Party 3:00 Entertainment: Jon & Rebecca 5:45 Small Group/1:1 Trick or Treat	* Please use the door by the activity office to access the patio. * Sign up for Order In Night, Picnic, & Beauty Shop appointments in the Activity Office. * Personal Fund accounts can be established in the front office for Order In Night and Beauty Shop Services, prior to signing up. Thank you. * Independent leisure materials may be obtained from the Activity Department * Some Events may be accessible on Channel 2 which is Oak Ridge Care Center In-House TV channel.				

Activity Calendar Subject to Change Without Notice, please see the Wall Calendar in Hallway for Changes.

